Opening the "black box" of protection and reintegration interventions for trafficking survivors in Myanmar: A realist foused evaluation of World Vision's Anti-trafficking in Persons (A/TIP) program 28, June 2022

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## Rationale & Aim



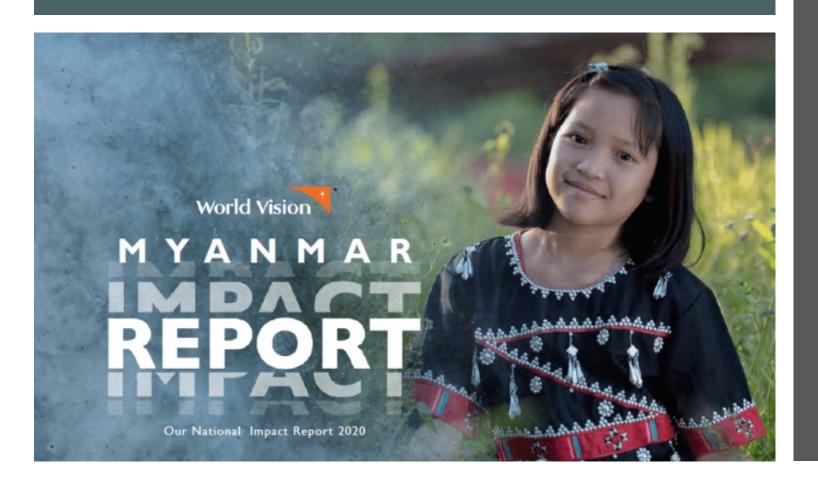
#### **RATIONALE**

- 40.3 million people in forced labour and forced marriage, globally.
- Estimates for East Asia and the pacific: 25 million people
- The number of child victims, among whom the majority are girls, is considerably higher in the Mekong countries.
- Few evaluated anti-trafficking interventions
- Poor quality evaluation and weak intervention evidence

#### STUDY AIM:

Explore World Vision's anti-trafficking in Persons (A/TIP) programming to strengthen protection and reintegration services for survivors of trafficking in Myanmar.

# Research context: World Vision's program in Myanmar



- Six-year project: Phase I and Phase II (2015 to 2022) Military coup in Myanmar (1st February 2021)
  - Partnered with two Local organizations.
     Karen Batist Convention (KBC),
     Yangon Kayin Baptist Women's
     Association (YKBWA)

#### Two main objectives:

- improve victim-centered investigations and prosecutions
- enhance victim protection through comprehensive victim services

#### Phase II evaluation - Two focus areas

- Organizational and/or technical capacity of service providers to provide appropriate services.
- Quality comprehensive services for Survivors of Trafficking (SoTs)

# Conceptual framework (Realist informed)

#### **Problem exposures**

#### Mechanism

#### Outcomes

What is the problem that WVM's ATIP project attempt to solve?
What are the drivers of this problem? (What is the evidence?)

Inputs: activities
What are the activities delivered
by WVM?
Who are they targeting?

Outputs:
What are the products of the activities?

Measurable outputs: How will the products be measured? Outcomes:
What 3-5
main things
WVM's ATIP
project will
change as a
result of the
activities?

Measurable outcome indicators:
What evidence is there to demonstrate that these changes have occurred?

#### Context:

What are the most probable influences over the success/failure of the intervention?

#### Unexpected consequences:

What are the adverse and/or beneficial consequences?

#### Impact:

what large shift will occur as a result of this program?

# Why realist evaluation?

- A realist evaluation what works, for whom, and under what circumstances
  - Explaining the rationale of the program theory of change;
  - Testing the program assumptions;
  - Testing the program hypotheses; and
  - Interpreting and refining the program intervention model.

- The Realist Evaluation's Context-Mechanism-Outcome (CMO) configurations provide
  - causal pathways
  - how, why, and under which circumstances an intervention works (or does not)
  - transferrable guidance

# Methodology

- Used multiple sources of data
  - World's Vision's administrative data
  - A total of 12 qualitative in-depth interviews with SoTs.
  - A total I of 9 In-depth interviews with case managers from World Vision, YKBWA and KBC
- Purposive sampling
  - SoTs recently enrolled youth victims who received world vision services
  - SoTs Age -17 or 18 years old when they enrolled.
  - Case managers from (3= WVM, 3=YKBWA and3= KBC)
- Dates
  - March 2, 2022- ethics approval
  - March 10- 20, 2022 interviews with case managers and Survivors of trafficking.

# Findings

Realist Evaluation Framework: Context-Mechanism-Outcome (CMO)

- MECHANISMS: how were the activities or mechanisms delivered by the program?
- OUTCOMES: what were the main outcomes?
- CONTEXT: how did the context influence intervention delivery and effects?



## Mechanisms

#### **CASE MANAGERS**

Capacity building trainings (Eg)

- Awareness on human trafficking legal procedures
- Case management training
- Psycho-social counselling training

Capacity building support

Mentoring support

#### **SURVIVORS**

Support offered to SoTs:

- Housing and accommodation
- Physical well-being (Medical)
- education/training
- psycho-social counselling (most used by SoTs)
- legal counselling
- legal support such as escorting survivors to court (Most used by SoTs)
- social inclusion
- economic and livelihood support (Most used by SoTs)

# Mechanisms (cont'd)

#### **Case Managers**

- Trainings were helpful, relevant and useful.
- It would have been more helpful if some trainings were scheduled earlier.
- Mentoring help case managers in case of challenging situations.

#### SoTs

- Beneficial support
  - psycho-social counselling
  - Legal couselling ( such escorting survivors to the court)
- Support with challenges
  - Livelihood support (with mixed results)
  - Accommodation

Survivor gathering was praised.

### Outcomes

#### **Capacity building trainings to Case managers**

#### **Capacity of case manager**

- capability grew significantly
- needs are reflected in the types of training received.
- counselling and interpersonal skills are well-received.
- Mentorship from senior employees are well-received.

#### Reintegration services for SoTs- support with Positive outcome

Psycho-social counselling support

- Improved psychological well-being
- Gained motivation and confidence
- Increased self-esteem
- Legal support (eg attending the court with)

#### **Reintegration services for SoTs - support with Mixed results**

Livelihood support

- It meets the immediate needs but not sustainable.
- Younger SoTs struggled as they are inexperienced and lack the necessary skills.
- case managers are not equipped with skills to help SoTs

# Context that influenced outcomes (positively or negatively)

## Individual agencies and characteristics

- greater agency, worked hard and maintained good communication with case managers.
- debts, age, and skillset
- Being young limited experience, lack of maturity

# Relationships with community, family and case managers

- disrespectful towards case managers
- Unequal distribution of caseloads
- Cold relationship with family members
- Community unwilling to accept

# The combined political and pandemic context

- In person support unavailable during Covid-19 (except Psycho-social counselling session)
- Livelihood support was hugely impacted due to movement restrictions, unemployment
- Civil unrest exacerbates the existing vulnerabilities.

## Refining the WVM's Theory of Change (Before and After)

